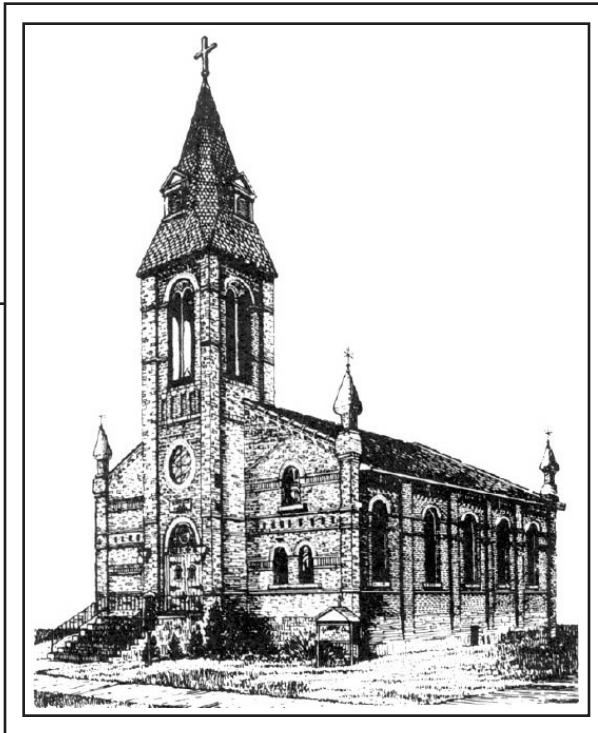


# ST. MARY'S CHURCH

63 Elgin Street  
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Tel: 705-445-1790  
Fax: 705-445-9659  
Email: [stmarysco@archtoronto.org](mailto:stmarysco@archtoronto.org)  
Web: [stmarysco.archtoronto.org](http://stmarysco.archtoronto.org)



**Every Friday:**  
**HOLY HOUR**  
7:30 a.m.  
Exposition of the  
Blessed Sacrament

Fr. Charles Forget, **Pastor**

Jayne Williams,  
**Office Administrator**

**St. Mary's Cemetery**  
401 Raglan St  
Business Office: 63 Elgin St  
705-445-1790 Ext 2

**The Society of  
St. Vincent de Paul**  
**President:**  
Michael Quinn  
Tel: 705-444-0999  
<https://ssvpcollingwood.ca>

## SUNDAY MASSES

Saturday Vigil: 4:30 p.m.  
Sunday: 9:00 a.m. and 11:00 a.m.

## WEEKDAY MASSES

Tuesday 7:00 p.m.  
Wednesday, Thursday & Friday 8:30 a.m.

## RECONCILIATION

Saturday: 3:30 to 4:00 p.m. or by appointment.

## PARISH OFFICE HOURS

Monday: 11:00 a.m. - 12 noon  
1:00 p.m. - 4:30 p.m.  
Tuesday to Friday: 9:00 a.m. - 12 noon  
1:00 p.m. - 4:30 p.m.

## CATHOLIC SCHOOLS IN THE PARISH

St. Mary's Elementary School . . .705-445-6132  
Our Lady of the Bay Catholic  
High School . . . . .705-445-2043  
Notre Dame de la Huronie . . . .705-444-1764

**BAPTISMS:** Please call the Parish Office.

**HOLY COMMUNION FOR SICK, SHUT-INS:** Holy Communion is brought regularly to sick and shut-ins. Please notify the rectory.

**MARRIAGES:** Couples planning to get married must contact a priest one year in advance for an appointment. They must also receive personal preparation for entering marriage. Please do not book the time and place of your reception before your appointment with the priest.

If either party has gone through any form of civil or religious marriage with another person, the priest is not permitted to set a date for the wedding until the Bishop's Office has been consulted.

**PARISH REGISTRATION:** All parishioners should be registered. Registration cards can be found in the Church foyer or at the parish office. Would you kindly notify the office when you are moving out of the parish.

**BULLETIN NOTICES** must be received at the parish office by Tuesday at noon. Announcements will appear for no more than two weeks, and should contain only pertinent information. Please be brief.

**Catholic Women's League**  
President: Jean Stewart  
705-445-2151

**The Knights of Columbus 3rd Degree**  
Grand Knight: Richard Mittermeier  
email: [gk5793@ontariokofc.ca](mailto:gk5793@ontariokofc.ca)  
[Collingwoodknightsofcolumbus.org](http://Collingwoodknightsofcolumbus.org)

**The Knights of Columbus 4th Degree**  
Faithful Navigator: Domenic Sanfilippo  
705-445 7615

## COMMUNION ON THE TONGUE

When I was seven years old and preparing for my First Holy Communion, much of our preparation for the sacrament was covered in my grade two class by our teacher. In those days, since almost all of my classmates and our teachers went to Mass on Sunday, it made sense that we would learn about the Eucharist, that it is the Body and Blood of Jesus, at school from our teachers. Those days, unfortunately, no longer exist and today it is not surprisingly the opposite when parents, teachers and students are not in the practice of Mass attendance, much to the heartbreak of Our Lord who instituted this crown of the sacraments as the 'Source and Summit' of our Catholic faith.

I remember the parish priest coming to our class and speaking to us about Holy Communion and how it was Jesus Himself who gives Himself to us in this most mysterious and beautiful sacrament and that it is meant for us to receive Him in this way each Sunday. The priest also taught us how to genuflect, though



most of us knew how to do this since we attended Sunday Mass with our families and would learn this from our parents as well as reinforced by the teacher. And he taught us how to receive Holy Communion on the tongue. There was no such thing as receive Communion in one's hands. We were instructed to hold our hands together as we approached the

Communion rail (which is the way everyone received Communion; kneeling down and waiting to receive Communion as the priest moved from one end of the rail to the other. As each person received Communion on the tongue, they would then rise and leave as they were then replaced by another communicant. Looking back, it was most efficient but most importantly it safeguarded abuses such as are found today when people receive in the hand but start to walk away with the Host and putting it in their mouths as they move. It is little wonder that Hosts are found on the floor in churches and God only knows where else by the general neglect of a sense of reverence by the faithful.

The way I've observed people who receive Communion on the tongue varies in their reception of it but I am still reminded of how we were taught by the priest to receive the Sacred Host.

1. As you approach the priest and he says to you, "The Body of Christ", you are to answer with an audible "Amen."
2. Then tilt your head back slightly, and rest your tongue on your bottom lip. There is no need to move your head toward the hand of the priest as if to catch it or assist the priest. Holding your head still and your mouth open will easily enable the priest to place the Host on your tongue. And there is no need to nod your head as a reverence just before you receive Communion as the Church's instruction states that we make a gesture of reverence in a simple bow of the head just before you kneel or stand before the priest.

Of course, the Church allows Catholics to receive the Sacred Host either in the hand or on the tongue. There are on occasion priests who have refused to give Communion on the tongue to those who presented themselves to receive in this way, but it is not right.

The faithful have the option to choose but in either case the most profound respect and care should be shown in the way you receive Jesus in the Eucharist.

In 2011, Cardinal Antonio Canizares Llovera, prefect of the congregation of Divine Worship, strongly endorsed the practice of receiving Holy Communion on the tongue and while kneeling. The cardinal stated that this is a posture which is a "sign of adoration that needs to be recovered". He continued, "When Catholics receive Communion while standing, they should show their reverence with a bow, the Spanish cardinal said; but in practice few people do that. He said: "I think the entire Church needs to receive Communion while kneeling."

Catholics have the freedom to receive Holy Communion either on the tongue, or on the tongue kneeling or in the hand as well as either way while standing. Some people may have difficulty in kneeling and getting back up and therefore it is not possible nor necessary that they kneel. There is no pressure on anyone to change that which they feel they are accustomed to. Yet, it is Christ in the sacrament of His Body and Blood of whom this is all about, and not us.

There are still protocols that I would recommend our parishioners to consider when speaking on the topic of receiving Holy Communion.

### If you are receiving **HOLY COMMUNION IN THE HAND**

1. Refrain from presenting both hands, side by side, to receive Communion. Place your hands one over another with your left hand (or the hand you primarily use) over your right hand. Once the Host has been placed in your hand, take your right hand (on the bottom) and grasp the host and place it in your mouth, while you are standing facing the priest.
2. Never reach out and 'take' the Host from the priest as this can be a sign that one is not a Catholic and, therefore, cannot receive Communion.
3. Avoid walking or moving while consuming the Host. Children should be instructed by their parents to make sure they don't get in the habit of receiving Communion and while walking away placing it in their mouths. This applies to everyone, of course.
4. The only response permitted by the Church when the faithful are presented with the Eucharist is "AMEN". While other responses may seem to be adequate, the "Amen" is a "Yes, I believe" to the words of the priest when he says, "The Body of Christ". It should also be audible to the priests' ears and not simply mouthed or whispered, particularly when there is music is being played or sung.

### **COMMUNION ON THE TONGUE**

Whether kneeling or standing to receive Holy Communion on the tongue, the faithful are asked to simply slightly tilt your head back and present your tongue to enable the priest to easily place the Host on your tongue. You should show a reverence to the Eucharist before you approach the priest or kneel down, and not as the priest is about to give you Communion.

As pointed out above, Communion whether on the hand or the tongue is a personal choice, however, I would ask parishioners to consider Communion on the tongue out of reverence. (FrC)



Tuesday Dec 12 <sup>th</sup> 7:00pm	+Louis Vella Requested by the Family
Wednesday Dec 13 <sup>th</sup> 8:30am	+Maria Haidasz-Cybulski Requested by Gal & Jagielski Family
	Unannounced Mass
Thursday Dec 14 <sup>th</sup> 8:30am	Unannounced Mass
Friday Dec 15 <sup>th</sup> 7:30pm	Holy Hour
8:30am	Blessings of Andrzej Strzelczyk & Family Requested By Andrzej Strzelczyk
	Health Intentions of Bart Grudzien Requested by Mom
Saturday Dec 16 <sup>th</sup> 3:30pm	Confessions
4:30pm	+George Stewart Requested by Jean & Family
Sunday Dec 17 <sup>th</sup> 9:00am	For the People
11:00am	Intentions of the Guerrero Family

*Please Pray for the Sick*

Chelsea Cando, Dorothy Dynes, Margot Brandreth, Jean Ferguson, Fred Coulson, Hilary Joseph, Henry Niepalla, Teresa & Feliks Kosierb, Mary Little, Elizabeth Pavilsa, Jean Van Benthem

*Please Pray for the Recently Deceased*

Gwen Collard

Our Sanctuary Lamp Burns  
For the Parishioners of St. Mary's  
From Dec 10<sup>th</sup> to December 16<sup>th</sup>, 2023



Regular Collection	\$ 4227.00 (Inc PAG)
ShareLife	\$34,619.50



**CHURCH BULLETIN ADVERTISING**

Liturgical Publications will setting up the advertisements for our church bulletin. The advertising will begin in December 2023 and supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at 1 800 268 2637.

**SENIOR WISH**

A BIG THANK YOU from the Senior Wish Association. There will be many Senior's in the community this year whose Christmas will be even more special thanks to your generosity.



**SOCIETY OF ST VINCENT DE PAUL**

The Saint Vincent de Paul will be collecting unwrapped pyjamas to give out at Christmas starting on Dec. 2. There will be a Christmas tree with boxes in which to place the pyjamas in the church hall. As usual the demand is for larger children and adult sizes. You are free to purchase for any age and gender. Thank you in advance for your continued support.



**DAY OF CONFESSIONS FOR ADVENT**

Wednesday December 13<sup>th</sup>  
9:00am to 11:00am  
6:00pm to 8:00pm



**CHRISTMAS MASS SCHEDULE**

The Masses for Christmas and New Year's will be as follows:

- SUNDAY, DECEMBER 24 (Christmas Eve)**  
4:30pm and 6:30pm
- Monday, December 25 (Christmas Day)**  
9:00am and 11:00am

- Feast of the Holy Family/New Year's Eve**  
Sunday, December 31  
4:30pm

- Solemnity of Mary, The Holy Mother of God/New Year's Day**  
Monday, January 1  
11:00am

**OFFERTORY ENVELOPES**

Envelopes will be available for pickup this weekend in the parish hall. They will be in alphabetical order. **Anyone who would like to start using envelopes, please call the office and I will get a box ready.**

**PAG – PREAUTHORIZED GIVING**

The Archdiocese of Toronto has established a Pre-Authorized Giving Plan (PAG) to assist you in your support of the work of the Parish through your regular parish offerings. To accomplish the mission entrusted to us by Christ, the parishes depend entirely on the generosity of their parishioners. Pre-authorized giving allows you to give to your parish through scheduled monthly transfers from your bank account or credit card. These funds are then deposited directly to the parish account. For more information, please call your parish office.



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